**C-Card Programme**

The C-Card programme is a scheme led by the Sexual Health Prevention Team which people aged 13 and over with quick and easy access to free condoms and lube in a number of venues, including pharmacies, GPs and educational and community venues.

This service is available to people living in Stoke-on-Trent and North Staffordshire.

Pharmacies in Stoke-on-Trent and North Staffordshire can become distribution points, meaning they can distribute free condoms to people who already have a C-Card, or a registration and distribution point, meaning they can sign people up for a C-Card, as well as distributing C-Card packs.

Each C-Card pack contains 6 condoms, 3 lube sachets and a sexual health information leaflet which includes details on local sexual health services and a guide of how to put a condom on.

For more information on the C-Card programme, please contact the Sexual Health Prevention team on 0300 123 0970 or [SexualHealthComms@mpft.nhs.uk](mailto:SexualHealthComms@mpft.nhs.uk)